

Personal Development

Art of living

<http://www.artofliving.org/us-en>

Kriya, a breathing technique, is taught and helps cleanse the body. Meditation and Happiness training.

The Hoffman Process

<https://www.hoffmaninstitute.org/>

Group personal development.

Jeannine Marzella, PhD

alimitlesslife.com/

NLP, hypnotherapy, intuitive and other therapies

How to OM Course | OneTaste

onetaste.us/how-to-om-class

For Women and Men (sexual content) over 18

Mama Genas School of the Womanly Arts

www.mamagenas.com

For Women

The Queens Code

<http://www.queenscode.com/index.html>

For Women

Landmark Education

www.landmarkworldwide.com/

Group seminars, western style education and personal development in many different areas.

Nutritional Counseling

Zizania

<http://www.zizania.biz/index.php>

Dominique has a school and is a culinary nutritionist. She creates specialized recipes and has worked with many Diabetics with great success.

Carpe Diem Wellness

www.carpediemwellness.org/

Lisa Jackson, RN has a passion for raw food and for great nutrition. She provides individualized recipes.

ReplenishPDX

www.replenishpdx.com/

Andrea Nakayama provides functional nutrition education telephonically, online and in webinar format.

Medical Specialist

Su Fairchild, MD

<http://sufairchild.com/>

MTHFR and nutrigenomics specialist. Boarded in Family Practice. Fellowship trained in Functional and Orthomolecular Medicine. She sees children and adults.

Dorothy Kalyanapu, MD

<http://www.amenclinics.com/reston/staff/dorothy-kalyanapu-md/>

Integrative Pediatric Psychiatry

Wes Rocki, MD

<http://selfhealingcare.com/>

Mind Body Medicine, Hypnosis, Chronic pelvic pain

Elizabeth Stuller, MD

<http://www.amenclinics.com/blog/physician-spotlight-dr-elizabeth-stuller-addiction-specialist/>

Integrative Addiction Medicine and Psychiatry for adolescents and Adults.